

## Sponsors

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## 2025

# Twin State Athletic Training Conference

## June 15<sup>th</sup> & 16<sup>th</sup>

[REGISTER HERE](#)

### Jay Peak Resort

830 Jay Peak Rd, Jay, VT 05859

Please join with other Athletic Trainers for the annual Twin State Athletic Trainers' Conference. This in person event will feature 14 different speakers covering a variety of topics pertinent to today's patient care. The format will be lecture presentations with some presenters incorporating hands-on demonstrations.

The Vermont Association of Athletic Trainers (BOC AP#: P10245) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 12 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

## Registration

	Early Reg (until 5/15)	Late Reg (after 5/15)	Optional Fees
Student	\$80	\$100	
NATA- Member	\$170	\$190	
Non-NATA Member	\$240	\$270	
CPR Recert (Emergency Care & Safety Institute)			\$15
Suture Workshop			\$25
Cornhole Tournament			\$15

## Jay Peak Hotel Information

Call Central Reservations Office

1-800-451-4449\*

Group name: VT Athletic Trainers  
Group code: 1132667

Please include Group name AND code in order to get discounted rate

\*At the time of booking a 50% deposit is required to confirm the booking. This is a non-refundable deposit

[Jay Peak Dining Options](#)

## Cancellation and Refund Policy

*Cancellations for conference registration that are received in writing within seven business days of the event will be honored with a full refund of the registration fee. Any cancellations received in writing within three days of the event will receive a refund, less 50%. No refund will be awarded after this time. All cancellations should be made in writing to the VAAT.*

Email address: [TreasurerVAAT@gmail.com](mailto:TreasurerVAAT@gmail.com)

## SUNDAY JUNE 15TH, 2025

- 7:30-7:55am-** Registration  
**7:55-8:00am-** Opening Remarks  
Lisa Hardy, MS, ATC, LAT-VAAT President
- 8:00-9:00am-** Ankle Instability and Peroneal Pathology & Ankle Osteochondral Injuries  
Kristin Kindred, DPM- Northwestern Orthopedics
- 9:05-9:35am-** UCL of The Upper Extremity  
Alicia Imada, MD- Northwestern Orthopedics
- 9:35-9:50am-** Break
- 9:50-10:20am-** ACL Update  
Carter Lindborg, MD- Northwestern Orthopedics
- 10:25- 10:55am-** Hip Arthroscopies  
Robert Beattie, MD- Northwestern Orthopedics
- 11:00am-12:00pm-** Supplements and Steroids: The Pressure to Perform  
Brian Parker- Taylor Hooper Foundation Director of Education
- 12:00-1:00pm-** Lunch (Provided)
- 1:00-2:00pm-** Evaluation and Management of Anterior Shoulder Instability  
Ethan Hartow, MD- Mansfield Orthopedics
- 2:05-4:05pm-** Safe Space Ally Training for The Athletic Trainer  
Kelly Griffin-Brown, MS, NHLAT, ATC, NREMT-NATA LGTBO+ Advisory Committee  
Jennifer Sturtevant, MBA, LAT, ATC-NATA LGTBO+ Advisory Committee
- 4:05-4:20pm-** Break
- 4:20-5:20pm-** Creating a More Inclusive Athletic Training Environment Workshop: Practical Strategies to Apply Today!  
Sarah Cook, Ph.D., ATC-D1 DEIA Committee  
Kelly Griffin-Brown, MS, NHLAT, ATC, NREMT-D1 DEIA Committee

**5:20-7:00pm-** Dinner (on your own/ Hotel Check-ins)

**7:00-9:00pm-** Cornhole Tournament (Optional)  
Additional fee/donation at conference registration

## MONDAY JUNE 16TH, 2025

- 7:30-7:55am-** Registration
- 7:55-8:00am-** Opening remarks  
Lisa Hardy, MS, ATC, LAT-VAAT President
- 8:00-9:00am-** Concussion Management Made Simple  
Mark Pelluso, MD- Middlebury College
- 9:05-10:05am-** To Play or Not to Play? Practicing Shared Decision Making to Support Exercise Participation in Children with Cardiovascular Disease  
Jonathan Flyer, MD- UVM Health Network  
Kelsey O'Connor, BSN, RN- UVM Health Network
- 10:05-11:00am-** Break/Exhibit Room
- 11:00-11:30am-** Perceived Financial Barrier Removal  
Mary Annear, MS, NHLAT, ATC
- 11:30-11:45am -** Closing Remarks, raffle winners announced  
Lisa Hardy, MS, LAT, ATC-VAAT President
- 11:45am-12:45pm-** Lunch (Provided)  
- State Business Meetings for VAAT & NHATA
- 12:45-1:00pm-** Break
- 1:00-3:00pm-** Zip it Up! Basic Suturing Skills for the Athletic Trainer (additional fee)  
Craig Sullivan, MD- Norwich University
- 3:00-5:00pm-** CPR recertification (additional fee)  
Emergency Care & Safety Institute